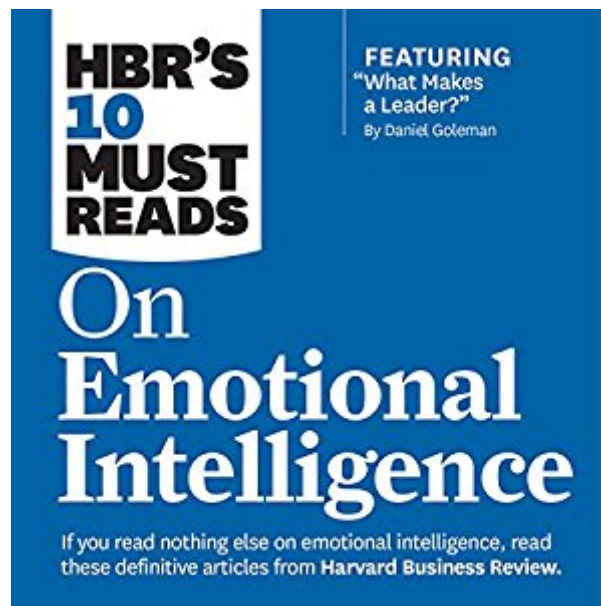




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# HBR's 10 Must Reads On Emotional Intelligence



## Synopsis

In his defining work on emotional intelligence, best-selling author Daniel Goleman found that it is twice as important as other competencies in determining outstanding leadership. If you listen to nothing else on emotional intelligence, listen to these 10 articles by experts in the field. We've combed through hundreds of articles in the Harvard Business Review archive and selected the most important ones to help you boost your emotional skills - and your professional success. This book will inspire you to:

- Monitor and channel your moods and emotions
- Make smart, empathetic people decisions
- Manage conflict and regulate emotions within your team
- React to tough situations with resilience
- Better understand your strengths, weaknesses, needs, values, and goals
- Develop emotional agility

## Book Information

Audible Audio Edition

Listening Length: 5 hours 29 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: August 4, 2015

Language: English

ASIN: B00ZDWF38Y

Best Sellers Rank: #41 in Books > Health, Fitness & Dieting > Mental Health > Emotions #64 in Books > Health, Fitness & Dieting > Psychology & Counseling > Personality #76 in Books > Audible Audiobooks > Business & Investing > Leadership & Management

## Customer Reviews

It's a great and easy read. I love the HBR books so worth the money and time it takes to read them.

This series has made me a better leader and executive

One of the best books I've read on emotional intelligence. A must read!

Excellent read.

Great articles on EI!

Love the book, bought 10 to hand out to my senior managers. also shipped on time as expected.

Solid essays/takeaways - it's worth a read and a re-read.

Very insightful collection of articles that will help you gain a better understanding of Emotional Intelligence.

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